

Yoghurt



Ski D'Lite
1kg \$5.35
Vanilla Creme
Wild Strawberry
Berry Basket
Peach & Mango
Honey Buzz

Natural Style Yoghurt
1kg \$5.20
Natural Style
Greek Style
Euro Style



Ski D'Lite
6 Pack \$6.55
Vanilla Creme
Wild Strawberry
Peach & Mango



Jalna Yoghurt
1kg \$6.35
Lite
Natural
Vanilla

Tea & Coffee



Tetley Dilmah Lipton
100's \$7.55



Twinings
100's \$12.95



Milo
450g \$7.95
900g \$11.95



CSR Sugar
1kg \$2.75
2kg \$4.75



Vittoria & Lavazza Ground & Beans
200g \$9.95
500g \$22.95
1kg \$34.95



Nescafe Blend 43
100g \$8.95
500g \$19.50



Moccona
50g \$6.95
200g \$21.95

Milk



Riverina Whole Milk
300ml \$1.50
600ml \$2.20
1 litre \$2.15
2 litre \$3.85
3 litre \$5.80



Riverina Lite
1 litre \$2.45
2 litre \$4.65



Riverina Skim
1 litre \$2.45
2 litre \$4.65



Generic Milk
Full Cream 2 litre \$3.20
Full Cream 3 litre \$4.65
Lite 2 Litre \$3.70



Riverina cream
300ml \$2.20
600ml \$3.65
5 litre \$21



Flavoured Milk
300ml \$1.95
600ml \$3.20
2 litre \$5.95



Vita Soy 1 Litre
So Milky \$3.20
Original \$3.20
Light Calci-Plus \$3.30
Cafe Milk \$3.35
Rice Milk \$3.35



Lactose Free Milk
Liddells & Zymil
Full Cream 1litre \$2.95
Lite 1 litre \$2.95
Skim 1 litre \$2.95



Sanitarium Up & Go
Sanitarium Energize
6 Pack 250ml \$8.25



Banana
Chocolate
Strawberry
Vanilla



MOOVEN MILK

PTY LTD

**Milk, Bread, Fruit,
Veg and More
Delivered to your door
Free Delivery**

Call: 1300 30 MILK
1300 30 64 55

Email: admin@moovenmilkfood.com.au
Web: www.moovenmilkfood.com.au

Call: 1300 30 MILK
1300 30 6455

Email: admin@moovenmilkfood.com.au
Web: www.moovenmilkfood.com.au

#prices subject to change from time of printing

Bread



9 Grain S3.90
Original
Wholemeal
Pumpkin Seeds



Burgin S4.30
Traditional Rye
Wholegrains & Oats
Soy & Linseed
Fruit & Muesli
Pumpkin Seed
Wholemeal Seed



Generic Gold Max S2.50
White
White Thick
Wholemeal
Multigrain



Lawsons 800g S5.55
Traditional White
Wholemeal
Soytellers Grain
Homestead Seeds & Grains



Mighty Soft 650g S3.25
White Thick
White Sandwich
Wholemeal Sandwich
Wholemeal Thick
Multigrain Sandwich



Molenberg 12 Grain S4.05
Original
Toast
Soy & Linseed



Wonder White 700g S3.80
White Low GI
High Fibre Sandwich
High Fibre Toast
Wholemeal
Vitamins & Minerals Sandwich
Vitamins & Minerals Toast



Bread Rolls
Hamburger Rolls 6pk \$4.45
Hot Dog Rolls \$4.45
Pikelets \$3.60
Crumpets \$2.60



Muffins S3.45
English
9 Grain
Retreats Spicy Fruit
Wholemeal



Abbotts Village Bakery S4.30
Rustic White
Farmhouse Wholemeal
Country Grains
Light Rye
Harvest Seeds & Grains
Sourdough



Country Life S5.80
Country Grain
Organic
Gluten Free White
Gluten Free Multigrain
Gluten Free Fruit



Tip Top The One S3.90
Thick
Sandwich
Omega 3 Sandwich



Retreats S4.20
Raisin Toast
Spicy Fruit Loaf
Cafe Style Raisin Toast



Sunbest S3.25
White Sandwich
White Thick
Wholemeal
Wholemeal Thick
Multigrain
Multigrain Thick



Mini Loaf S2.60
Mini loaf white
Mini loaf wholemeal
Mini Loaf 9grain



Helgas 750g S4.35
Traditional White
Wholemeal
Pumpkin 5 Seeds
Mixed Grain & Oats
Wholemeal Grain
Soy & Linseed
Light Rye



Flinders 680g S4.75
White Cob
Multigrain Cob
Rye Cob
Soughdough Cob

Fruit & Veg



Beautiful Budget Box
\$28.50



Fabulous Fruit Box
\$35.00



Feed Your Family Box
\$38.50



Great Gourmet Box
\$53.50



Small Fruit Box
\$25.00



Pick & Mix
See online for complete range

Meat Packs



BBQ Meat Pack
\$60.00



Weekender Meat Pack
\$95.00



Family Meat Pack
\$115.00



Monster Meat Pack
\$299.00



Hot Specials
Yearling grade rump steak \$9.50/kg
Premium Beef mince \$4.45/kg
BBQ Chops \$7.00/kg
BBG Sausages (2kg) 49.00
Premium Hamburgers (10) \$8.50

Beef Pick and Mix Options

Beef stir Fry \$11.00/kg
Porterhouse Steak \$21.00/kg
Diced Beef \$11.00/kg
Scott Fillet \$23.60/kg

Lamb Pick and Mix Options

Lamb Cutlets \$22.75/kg
Lamb Chops \$14.00/kg
Leg of Lamb Bone In \$10.90/kg
Lamb Stir Fry \$10.50/kg

Eggs



Eggs
Free Range 700g \$5.95
Free Range 6 pack 350g \$2.65
700g \$4.35
800g \$4.55

Cheese & Butters



Bega
Tasty Cheese \$4.95



Coon
Tasty Blocks 250g \$4.95
Light 'n' Tasty Block 250g \$4.95



Tasty Slices 250g \$4.95
Light 'n' Tasty Slices 250g \$5.45
Tasty Slices 500g \$9.55



Tasty Grated 250g \$5.25



Mainland
Tasty Blocks 250g \$5.45
Colby Blocks 250g \$5.45



Vintage Blocks 250g \$5.65
Extra Tasty Blocks 200g \$5.65
Tasty Blocks 500g \$7.50



Tasty Slices 210g \$5.25
Tasty Grated 200g \$4.95



Perfect Italiano
Parmesan Grated 125g \$4.95
Mozzarella Grated 250g \$4.95



Flora
Margarine 500g \$3.95
Pro-Active 375g \$6.95



Meadowlea
500g \$3.65
Original
Low Salt
Lite



Olive Grove
375g \$4.35
Original
Extra Virgin



Western Star Butter
Butter 250g Block \$2.95
Unsalted Butter 250g \$3.15
Spreadable Butter 375g \$4.55
Spreadable Butter Unsalted
375g \$4.55



Nattalex
500g \$4.10
Lite 500g \$4.10

Juice & Drinks



Macquarie Valley Juice
Orange 1 litre \$3.10
Orange 2 litre \$5.95
Apple 2 litre \$5.95



Milla's Organic Juice
Orange Juice 2lt \$5.50
Apple Juice 2lt \$5.50
Orange 250ml \$1.75
Orange 375ml \$2.95



Just Juice
100% Premium 1 litre \$2.95
Orange
Apple
Pineapple



Premium Pop Top 500ml
Juice \$2.95
Orange
Apple
Orange & Mango
5 Fruits



Premium Pop Top 250ml
Juice \$2.95
Orange
Apple
Apple Black Currant
Tropical
Pineapple



In Spring Water
50ml 6pack \$5.95
00ml 6pack \$5.95
00ml 24pack \$19.95



Syneton Sparkling Mineral Water
50ml \$1.95
00ml \$2.95
apple Raspberry,
ola
emon
...emon & Lime
Orange



Berri Prima Popper
6 pack \$4.25
Orange
Apple
Apple Blackcurrant



Berri
Cranberry Juice 2lt \$6.55